

2021-2022 PAMLICO COUNTY PROFILE

In the 34 counties served by the Food Bank of Central & Eastern North Carolina, over 500,000 people don't always know where their next meal will come from. Rising costs and the lingering impact of COVID-19 is affecting communities and populations of people that were already made vulnerable by inequitable policies and structures. Food insecurity is a defined reality for hundreds of thousands of Americans who cannot keep food on the table. The Food Bank works every day to nourish people while building solutions to hunger through programming and partnerships, empowering North Carolina communities to thrive.

THE NEED County population¹: 12,673

Food insecurity ¹	
Number of people who are food insecure	1,760
Percentage of people who are food insecure	14%
Children under 18 who are food insecure	370
Percentage of children under 18 who are food insecure	19%
Individuals over 65 who are living below the poverty level ²	1,170

Hunger ³	
Number of children receiving free/reduced school meals	981
Percentage of children receiving free/reduced school meals	71%
Unemployment ⁴	
Percentage unemployment June 2022	5.7%



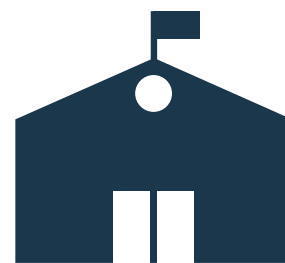
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ADDRESSING NEEDS

Total lbs. of food distributed by the Food Bank in 2021-2022	97,159,166 lbs.
Total meals provided in this county	247,298 meals
Total lbs. of food distributed in this county	296,758 lbs.

AGENCIES IN THIS COUNTY INCLUDE:

Heartworks Kids Cafe
Pamlico County Fishes & Loaves
Reelsboro United Christian Services

Fred Anderson School Pantry



¹Feeding America 2022 Map the Meal Gap Data

²NC Department of Health & Human Services, County Aging Profiles 2020

³NC Department of Public Instruction, Economically Disadvantaged Student Data 2019-2022

⁴NC Department of Commerce June 2022 County and Area Employment Figures